

PRESENTS



Creative fun and learning for the entire family, all from the comfort of home!

Infroduction to EXPLORING CHINA

INSPIRED BY

THE EXHIBIT ANCIENT ARTS OF CHINA



"JADE" JEWELRY

AGES

7 - 12 years old

SKILL LEVEL

Beginner

DESCRIPTION

For this project families will be making Jade-inspired jewelry using shaving cream, cereal boxes, food coloring and string.

MATERIALS

Empty Cereal Box	String / Yarn
Shaving Cream	Toothpick
Long Tray or container	Hole Puncher*
Scissors	Food coloring

Materials with an (*) are optional, use only if available.

Fun Facts

- Nephrite was the most valued stone throughout Chinese History.
- Nephrite was brought from Khotan (Xinjiang Province) in bulk.
- Jadite was imported from Burma in the 18th century.
- Jade workers traditionally used bamboo drills, sand and water to carve these stones, which was very difficult because of its hardness.
- Many aristocrats were buried wearing jade suits and objects.
- Jade cicadas symbolize rebirth.
- Jade is widely available and popular today.

Background

China has a long history and rich culture full of tradition. This can be seen through the lives of people today and all the way back to **Neolithic** times. The use of **Jade** has been prevalent throughout China's history. lade is a very hard **stone**, and it is often believed to have been **initially** used in weapons and tools. However, it is widely accepted that jade was also used to make ritualistic objects with symbolic purposes, such as bowls and jewelry. Jade objects are made using different stones, especially **Nephrite** and Jadeite. Jade is often thought to be green but it actually comes in various colors such as white, yellow, pink, red, black, pale green, grey and brown. Stones that look similar to Jade, like marble or serpentine, are also sometimes categorized as Jade. In ancient China, Jade was also believed to have special protective qualities. That is why it was often worn by the wealthy and placed in their tombs to preserve them in the afterlife. These beliefs continue in China today, which is why many people continue to wear and purchase jade objects.



Procedure

I. Flatten the cardboard box and cut it open.

- 2. Take an object with a circular opening, like a cup, and use it to trace a circle onto the cardboard. Repeat this throughout your piece of cardboard.
 - Tip: Cut the cardboard into strips, then fold it like an accordion and draw a circle on top of the first cardboard flap. This will make more than one circle.
- 3. Then on a separate piece of cardboard, you will cut out a teardrop-shaped 4. Spray shaving foam onto the tray until it is fully coated. Flatten it out using a fork to piece. You only need one for the necklace's pendant. create a smooth surface.
- 5. Add various drops of food coloring onto the shaving foam.
- 7. Now take your cardboard circles and lay the plain side down on the painted area of the foam. Gently press down and leave them for a 2-3 minutes. You can also take entire strips of cardboard and paint them before cutting them into circle.
- **9.** Punch a hole in each of the circles.
- **II.** Tie off the string around your neck to finish!.

- 6. Take your toothpick and use it to mix the foam and food coloring. Swirl it around to make marbled designs.
- **3.** Lift the circles and pendant off the foam and wipe them.

O.Cut your string to the length you'd like your necklace to be and begin stringing on your cardboard pieces. Start with the pendant first because it will be placed in the middle, then add circles evenly to either side.





















Key Vocabulary

Culture	Neolithic	Prevalen
the language, customs, ideas, and art of a particular group of people.	designating the latter part of the Stone Age, from about 8,000 B.C. to about 3,500 B.C.,	generally acc widespread.
"Her culture was very different from mine, but it didn't stop us from being	characterized by the use of polished stone tools and the beginnings of farming.	"Wearing Jac prevalent in
friends."	This Jade pendant was created in Neolithic times."	
Jade	Stone	Initial
a hard stone or the jewelry or works of art made from it.	hard matter formed from mineral and earth material; rock.	of the beginr "I initially ca
"There was a giant Jade statue in the temple."	"She found a very shiny and green stone by the riverbed."	also got milk

Source: Dell-Imagine, Helen, et al. "Ancient Arts of China Docent Education Guide." Http://Www.Bowersdocentguild. Org, 2017, http://www.bowersdocentguild.org/pdf/3a/China_Education_Materials_(2017).pdf. Jade Section

nt

ccepted; pervasive; l.

ade jewelry is very n China."

nning; first.

came here for cookies but lk, eggs and bread."



AGES

8-12 years old

SKILL LEVEL

Beginner / Intermediate

DESCRIPTION

Families will learn to the art of making drums based on the Biangu drum, which is typically a small, flat drum that is played with sticks. It is typically painted red with small ornate designs.

MATERIALS

Cans or Wide Rolls	Clear Packing Tape	Scissors
Chopsticks	Paint Palette	Acrylic Paint
Paint Brushes	Water Cup	

Materials with an (*) are optional, use only if available.

Background

Throughout various **cultures** the **drum** is a very common **instrument**. This is especially true for **China** in **ancient** times. Drums were primarily made using animal **hides** that were stretched over a barrel or cylinder. Drums varied in **sound**, size, design and purpose. Some drums require **sticks** to be played while others have different styles of playing. These drums can be played alone or with many other drums that give varying **pitches**. Smaller drums can be carried by the musician, while larger drums require stands or multiple people to be played. Drums are used for **orchestras**, ensembles, festivals and ceremonies. Musicians in ancient China learned by ear without a **conductor** or musical **score**.

Types of Drums

- Bangu: A tall drum that is struck with bamboo sticks.
- Paigu: A set of 3 to 7 small drums stuck with sticks.
- Tanggu: A small barrel-shaped drum with two striking surfaces on either side.
- Zhangu: A large drum used for war, ritual music and traditional weddings.
- Bolang Gu: A small pellet drum often used as a toy.



Procedure

- **I.** You will start by gathering all materials needed
- 3. After your container has been cleaned, you will grab clear packaging tape and begin to wrap the opening of the container. Make sure to pull the tape tightly onto the opening.
- **5.** You will now wrap the tape around the container to ensure the security of the tape placed on top.

- **2.** The first item you will need is a wide cylinder container, we recommend a Clorox wipes container. Please clean it out before using it.
- 4. Repeat this step until the opening is completely sealed.

- 6. Now you will begin to decorate your drum. Grab your paint and brushes and begin to paint. Remember you can paint different designs onto the drum like circles, zig zags, and perhaps a dragon.
- 7. Once you are done painting, allow the drum **3**. Now grab some sticks and play your drum! to dry for an hour.

MUSIC

Now we have music that relates our lessons! Check out the **Spotify Playlist**:

https://open.spotify.com/playlist/1wkKPctftFszeaf4LUQQC2?si=fogmAWt pR3WNe61dqpNTbw











Key Vocabulary

Culture	Drum	Hide
the language, customs, ideas, and art of a particular	a percussion instrument shaped like a cylinder. A drum	he skin of one
group of people.	has a hollow body covered at one or both ends by a tight material. It is played by beating with sticks or the hands.	or cow. "That drum w
"I love learning about other cultures."	"They taught me how to play the drums at school."	That drum w
Instrument	China	Sound
any of various devices for making music, such as a trumpet or piano.	a country in eastern Asia. China is also called the People's Republic of China. Beijing is the capital of China.	the range in w "The drums cr
"The tambourine was her favorite instrument."	"I wish to travel to China during their New Year festivities."	
Stick	Pitch	Orchestr
a long and thin piece of wood, such as a stem or branch, from a tree or bush.	the high or low quality of a sound or musical note.	a group of mus
"Drum sticks are used to create sounds by striking a drum."	"The high pitch of the cat's cries hurt my ears."	"The orchestr
Conductor	Score	
the leader of a musical group	the printed or written form of a musical piece	
"The conductor led the orchestra during the concert."	"A musical score shows all the parts that are played or sung."	Sources: Dean 2012. South Ea

ne of the larger animals such as a buffalo

was made using cow hide."

which something may be heard created a deep but loud sound."

ra

nusicians who play different kinds of and perform together.

tra played wonderfully during the opera."

an, Matt. The Drum. Scarecrow Press, Eastern Drums



COFFEE WATERCOLOR LANDSCAPE PAINTING

Background

AGES

10-17 years old

SKILL LEVEL

Intermediate / Advanced

DESCRIPTION

In this project you will learn to create a watercolor painting by using coffee. You will learn about creating various washes with water and then correcting or changing your painting once it has dried.

MATERIALS

Watercolor Paper	Water Container
Plate or Tray (palette)	Napkins
Painter's Tape*	
Brushes	
Instant Coffee	

Materials with an (*) are optional, use only if available

Watercolor is a style of painting that requires water and **pigments** to be mixed and brushed onto a surface. Depending on the **ratio** of water to pigment, watercolors will produce a variety of tints and shades of color. Colors will appear translucent and light if more water is added. If less water is added, the colors will appear opaque and dark. The color of your paper will also dictate the outcome of your painting. Watercolor is often seen as an intimidating medium because of its unpredictability and unforgiving nature. However, with **practice** anyone can master this **medium** just like the landscape scroll artists of ancient China. A skilled watercolorist uses watercolor painting techniques like **washes**, working wet on wet and wet on dry, lifting out and masking out for **highlights**, and dozens of other techniques to achieve **textural** effects. We will learn a few of these today.

HELPFUL TIPS

- Use napkins to fix errors
- White paint can also be used for highlights.
- Use tape to line edges if available.
- Sketch your image lightly before painting.
- Use brushes made for watercolor since they pick up more water



Procedure

- watercolor paper and tape it onto your surface. Tape along the edges to create a neat border.
- 4. You will then mix the coffee and water thoroughly in each tray from left to right. This should give you various shades of brown.

7. Continue to add more layers as your areas dry, this will give your image depth.

IO.Lastly, if you have white paint or a white pen, you may fix any mistakes or add highlights to your mountains. Now leave your watercolor to dry for an hour depending on how wet your painting is.

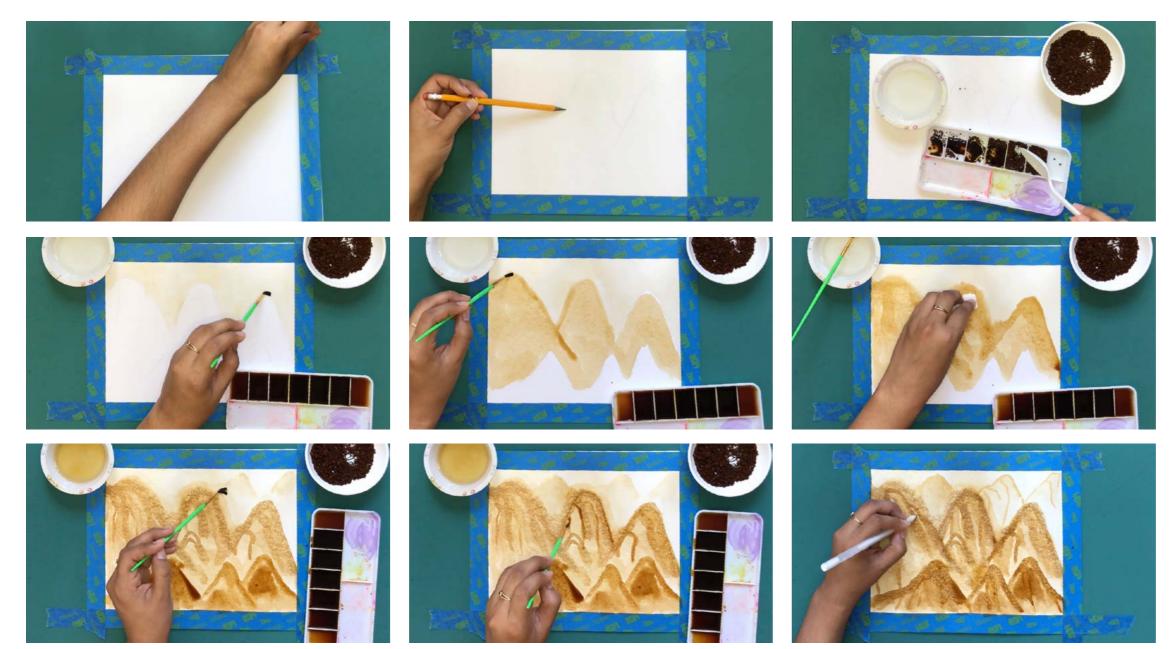
- . Gather all the necessary materials. Then take your 2. Start lightly sketching several mountains, some in the 3. Then take your painting palette and add coffee background, middle and front. This will give the illusion of space.
 - 5. Now by taking the lightest brown (1st from the left), paint in the furthest area of your sketch. Leave it to dry. Once dry, use the second lightest shade, fill in the mountains in the middle space. Leave to dry. (For 2 minutes)
 - 8. Now you will take the 4th shade and fill in the mountains in the front. Add water to blend.
 - Optional: Taking an even lighter shade (adding more water) you can add blurry mountains in the furthest regions to allude to atmospheric perspective.
 - **II.** Remove tape once dry and you can frame your work of art.

- from left to right.
- napkin.
- defined lines.

grounds to each section. Begin with a small amount and increase the coffee grounds as you move towards the right. Add the same amount of water to each tray

6. After it has dried, take the third shade and add shadows to the mountains, taking into account the direction of light. Utilize the same shade to add lines and detail to your mountains. You can fix any mistakes or pooling while still wet by tapping the area with a

9. You will continue to add more layers of coffee with remaining shades to add depth through shadows and









key Vocabulary

Watercolor	Pigment
paint made of pigment mixed with water.	anything that is used to or serves to provide
"She got a new watercolor set for her	color.
birthday."	"Those paints are highly pigmented."
Tint	Shade
a pale or light color, often made by adding	the degree of darkness of a color.
white to paint or using a weak dye.	"My set of watercolors has three shades of
When she added white to red she made a new tint of color called pink."	blue."
Opaque	Dictate
not able to be seen through; not transparent.	a rule or requirement that guides or controls
"She preferred using opaque colors because	what one does.
they were easy to see"	"Completing your chores or not will dictate is you get ice cream today."
Ratio	Translucent
a relation or comparison between numbers or things based on amount or degree.	allowing light, but not detailed shapes, to pass through; semitransparent.
	"The paint was so translucent that it was very
"She remembered the ratio of water to flour for the cookie recipe."	hard to see once it was dry."

Key Vocabulary confinued

Unpredictable something that cannot be foretold "Watercolor can be very unpredictable to a beginner."	Practice the doing of some activity many times to become skilled at it. "She practiced day and night to become a great artist."
Medium a way or method of communicating or expressing, such as painting, music, or language. "Her favorite medium is painting with watercolor."	Wash a layer of paint or pigment spread thinly to cover a surface. "She added many washes of color to give it depth."
Highlight to provide (a painting, photograph, or the like) with an especially bright area. "Don't forget to include the highlight to your object."	Texture the feel or look of a surface. That paint brush gave the painting a different texture than this smaller one."

Intimidate

to discourage, deter, or inhibit, as with an overwhelming display of wealth, power, ability, or perceived superiority.

"She was intimidated by the artwork of Frida Khalo because of its beauty and subject matter."

Source: "All About Watercolor Painting for Beginners - Artists Network." Artists Network, 5 June 2015, https://www.artistsnetwork.com/artmediums/watercolor/watercolor-painting.

State and National Standards

Jade Jewelry

California Content Standards:

HSS-1.4.3 Students compare and contrast everyday life in different times and places around the world and recognize that some aspects of people, places, and things change over time while others stay the same.

Visual and Performing Arts Standards

VA.K.3.I

Describe functional and non utilitarian art seen in daily life; that is, works of art that are used versus those that are only viewed.

VA.1.2.1 Use texture in two-dimensional and three-dimensional works of art.

State Content Standards:

DIY Drum

HSS.6.6 Students analyze the geographic, political, economic, religious, and social structures of the early civilizations of China.

Visual and Performing Art Standards.

MU.K.3.3 Use a personal vocabulary to describe voices and instruments from diverse cultures.	VA.5.2.5 Assemble a found object sculp- ture (as assemblage) or a mixed media two-dimensional composition that reflects unity and harmony and communicates
	a theme.

Coffee Watercolor Landscape Painting

State Content Standards:

ELA.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.

Visual and Performing Arts Standards:

VA.PK.2.3 Experiment with the use of a varie materials and pai

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	VA.2.2.2
colors through	Demonstrate beginning skill in the use of art media, such as oil pastels, watercolors, and
ety of drawing	the use of art media, such as
ints.	oil pastels, watercolors, and
	tempera.