## BOWERS MUSEUM

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## ANNE'S TREASURES



## FLOWERS POUNDING

Enjoy the fragrance released as you pound and paint with flowers and leaves!

MATERIALS:

Watercolor paper, or thick paper
Rock, or hammer
Scissors
Wax paper

Fresh flowers
Tape\*

\*optional

Thin sharpies\*

Paper towels

## PROCEDURE:

Crushing the flowers will leave an imprint on the watercolor paper. To prevent mess, wax paper will be taped on top of the flowers.

7

Start with your watercolor paper in front of you and arrange flowers and leaves on top; you can add more later.









2

Place tape over the flowers to hold them in place.



Cover them with the wax paper.





4

Use the rock/mallet to gently pound the flowers and leaves. Gentle tapping and grinding works best and reduces noise.



Remove the wax paper, tape and flowers.





6

Repeat with additional flowers until you are satisfied with the impressions.



Add details with thin sharpies, such as outlining leaves or adding patterns, lettering and borders.



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